

# REVOLUTIONISING SPINAL CARE AT MELOMED GATESVILLE HOSPITAL!



**In a historic milestone for the Melomed Hospital Group, as Dr Tayo Sulaiman (TSI Orthohealth) at Melomed Gatesville Hospital successfully performed three cutting-edge Unilateral Biportal Endoscopic (UBE) spine surgery procedures this week. This marks the second Melomed Group location to perform this transformative leap in the realm of endoscopic spinal surgery, showcasing our continual commitment to pioneering advancements in patient care.**

#### **Evolution of Spinal Surgery**

UBE Modern surgery, including endoscopic spinal surgery, is constantly evolving and Dr Sulaiman has been at the forefront of this evolution in South Africa. With a commitment to always being at the forefront of his field and a patient-centred approach, he has diligently upskilled himself over the last few years to offer the most advanced and effective treatment for spinal pathologies.

#### **Patients Experience Phenomenal Results**

On Saturday, 9th March 2024, three patients, including a senior medical practitioner, embraced this revolutionary spinal treatment approach. The early results for this cohort have been phenomenal. All patients underwent the Early Rehabilitative After Surgery (ERAS) program with our dedicated PT team, leading to impressive outcomes. One patient ecstatically reported, "My dead leg and feet have regained feeling and strength."

#### **Global Expertise, Local Impact**

Dr Sulaiman has garnered extensive experience by participating in numerous cases alongside fellow local mentors and colleagues worldwide. However, this momentous occasion marks the first endoscopic spinal surgery at a Melomed Hospital in the Western Cape, showcasing our commitment to bringing global expertise to the local community.

#### **Acknowledging the Stellar Team**

We extend our heartfelt gratitude to the dedicated team that made this achievement possible. Dr. T Sulaiman supported by the Zululand Combined Spinal Unit team, Dr Sailesh Ragoo (Orthopaedic Spinal Surgeon) and Dr Krishit Timakia (Neurosurgeon), the Scrub Sisters, Neurophysiologist team (Neuromonitoring), the Anaesthetic team led by Dr Philbrick, Post-op management by our Physio/Occupational therapists (T Khan & Z Jakoob), and the incredible Nurses in High Care and the Surgical Ward.

A special thanks to Hospital Management & Theatre Manager Ms F Oluwadare for orchestrating the seamless execution of these surgeries.

#### **Special Recognition to Anstem Team**

We express our deep appreciation to the Anstem Medical team, led by Ryan Aitken & Stephan Strydom, for their exceptional efforts in preparing all the UBE equipment and for providing invaluable training to our staff.

#### **Contact Dr Sulaiman for more information**

Dr Tayo Sulaiman, a luminary in spinal surgery, welcomes inquiries and can be contacted for more information on the revolutionary endoscopic spinal surgery procedures.

**Tel:** 021 633 7361 **Email:** tsgatesville@gmail.com/  
tsitokail@gmail.com

**Embark on a Journey of Healing and Innovation with Melomed Gatesville & Tokai Hospital - Where Excellence Meets Compassion!**